

# America's Best Breakfasts: A Culinary Adventure for Food Lovers



## America's Best Breakfasts: Favorite Local Recipes from Coast to Coast: A Cookbook by Adeena Sussman

★★★★☆ 4.2 out of 5

Language : English  
File size : 148124 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 236 pages



Breakfast is the most important meal of the day. Whether you're looking for a hearty meal to start your day or a light and refreshing bite before a big adventure, America has a breakfast for every taste. From classic dishes like pancakes and waffles to regional specialties like grits and biscuits, there's something for everyone to enjoy.

### A Culinary Journey Across the Country

In "America's Best Breakfasts," James Beard Award-winning author and chef John Currence takes readers on a culinary journey across the country, exploring the most iconic breakfast dishes from every region. Currence, who is known for his innovative and flavorful cooking, has created a collection of recipes that will inspire you to start your day with something special.

The book is divided into eight chapters, each of which focuses on a different region of the country. Currence begins his journey in the Northeast, where he explores classic breakfast dishes like Maine blueberry pancakes and Boston cream pie. He then travels south to the Mid-Atlantic, where he discovers the joys of Chesapeake Bay crab cakes and Maryland beaten biscuits.

As Currence continues his journey, he uncovers the culinary treasures of the South, the Midwest, the Southwest, and the West. He introduces readers to dishes like grits and shrimp from the Lowcountry, buttermilk biscuits and gravy from Tennessee, breakfast burritos from New Mexico, and sourdough pancakes from Alaska.

### **More Than Just Recipes**

"America's Best Breakfasts" is more than just a cookbook. It's also a travelogue, a culinary history, and a celebration of American culture. Currence provides insights into the history of each dish, as well as tips on how to prepare it at home. He also includes stunning photography that captures the beauty of the ingredients and the finished dishes.

Whether you're a seasoned chef or a home cook who loves to explore new flavors, "America's Best Breakfasts" is a must-have for your kitchen library. It's a book that will inspire you to cook breakfast with confidence and create memories that will last a lifetime.

### **Recipes from "America's Best Breakfasts"**

Here are a few recipes from "America's Best Breakfasts" to get you started:

- Maine Blueberry Pancakes

- Boston Cream Pie
- Chesapeake Bay Crab Cakes
- Maryland Beaten Biscuits
- Grits and Shrimp
- Buttermilk Biscuits and Gravy
- Breakfast Burritos
- Sourdough Pancakes

### **Get Your Copy Today!**

"America's Best Breakfasts" is available now at all major bookstores and online retailers. Free Download your copy today and start your day with something special!

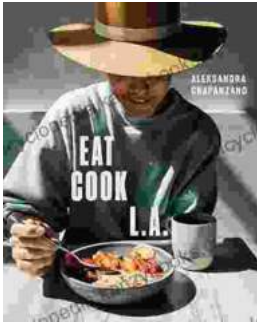


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