

# Herbal Antivirals, Antibiotics, and Antifungals: A Guide to Natural Cures



**Herbal Antivirals, Antibiotics & Antifungals : Make Medicine at Home - Plant-Based Natural, Homeopathic, Safe, Alternative Remedies** by Alain Herriott

★★★★☆ 4.4 out of 5

Language : English  
File size : 3108 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 154 pages  
Lending : Enabled



Infections are a major cause of illness and death worldwide. While conventional antibiotics and antifungals can be effective, they can also have side effects. Herbal antivirals, antibiotics, and antifungals offer a natural alternative to conventional treatments.

This book provides a comprehensive guide to using herbs to treat a variety of infections. The book covers a wide range of herbs, from common herbs like garlic and ginger to more exotic herbs like astragalus and reishi mushrooms.

For each herb, the book provides information on its medicinal properties, how to use it, and what precautions to take. The book also includes recipes

for herbal teas, tinctures, and salves.

Whether you're looking for a natural way to treat an infection or you're just interested in learning more about herbal medicine, this book is a valuable resource.

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### **Chapter 1: to Herbal Antivirals, Antibiotics, and Antifungals**

This chapter provides an overview of herbal antivirals, antibiotics, and antifungals. It discusses the history of herbal medicine, the different types of herbs that can be used to treat infections, and how to use herbs safely and effectively.

### **Chapter 2: Common Herbal Antivirals**

This chapter covers some of the most common herbal antivirals. These herbs include garlic, ginger, echinacea, and licorice root. The chapter provides information on the medicinal properties of each herb, how to use it, and what precautions to take.

### **Chapter 3: Common Herbal Antibiotics**

This chapter covers some of the most common herbal antibiotics. These herbs include goldenseal, oregano, thyme, and rosemary. The chapter provides information on the medicinal properties of each herb, how to use it, and what precautions to take.

## Chapter 4: Common Herbal Antifungals

This chapter covers some of the most common herbal antifungals. These herbs include tea tree oil, lavender oil, oregano oil, and grapefruit seed extract. The chapter provides information on the medicinal properties of each herb, how to use it, and what precautions to take.

## Chapter 5: Recipes for Herbal Teas, Tinctures, and Salves

This chapter provides recipes for a variety of herbal teas, tinctures, and salves. These recipes can be used to treat a variety of infections, from the common cold to more serious infections.

Herbal antivirals, antibiotics, and antifungals offer a natural alternative to conventional treatments. This book provides a comprehensive guide to using herbs to treat a variety of infections. Whether you're looking for a natural way to treat an infection or you're just interested in learning more about herbal medicine, this book is a valuable resource.



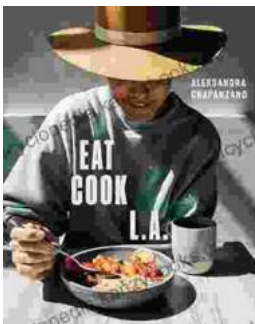
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