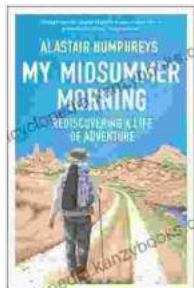


My Midsummer Morning: Rediscovering the Life of Adventure



My Midsummer Morning: Rediscovering a Life of Adventure by Alastair Humphreys

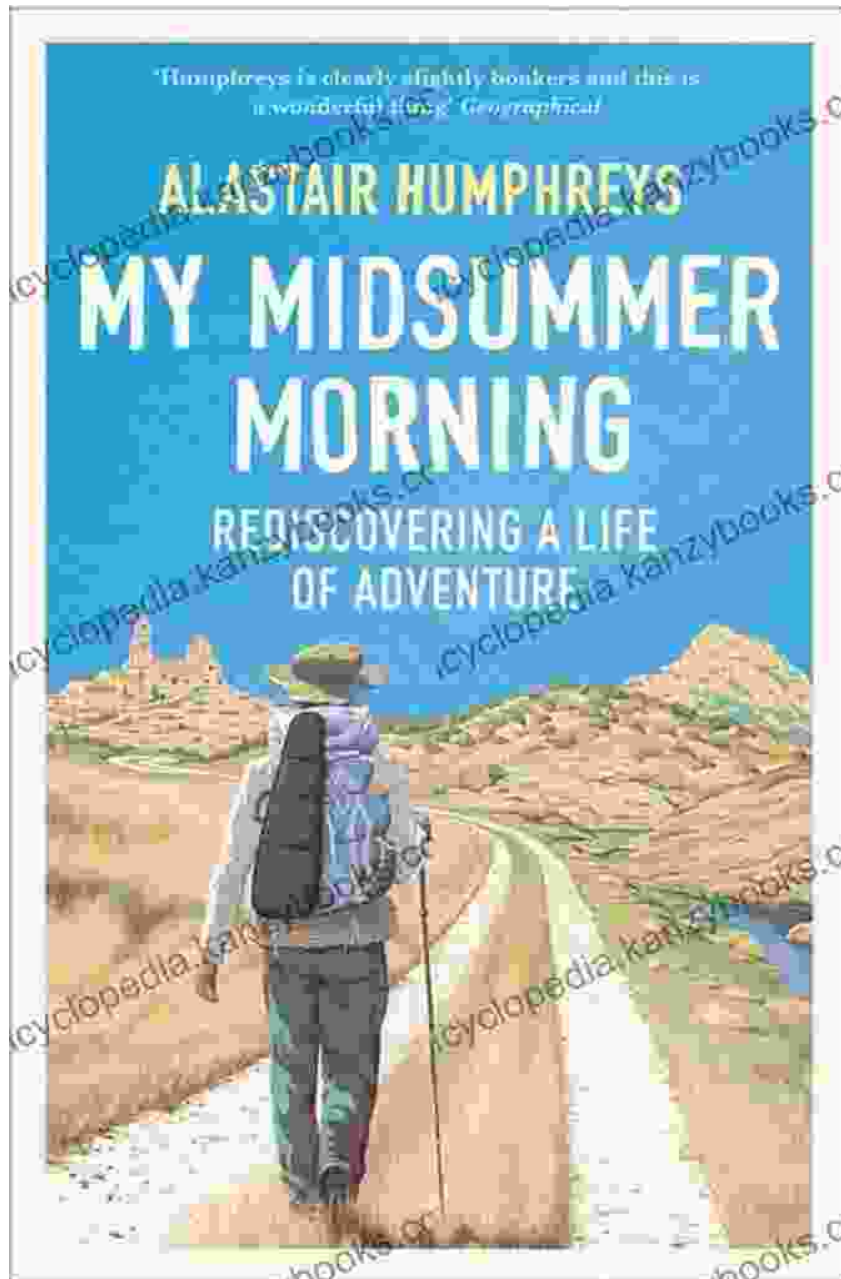
★★★★☆ 4.7 out of 5

Language : English
File size : 1804 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 273 pages
Screen Reader : Supported

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By: Sebastian Marshall

Description:

In this inspiring memoir, Sebastian Marshall recounts his journey of rediscovering his love for adventure after a life-changing accident. Through vivid descriptions and heartfelt reflections, he invites readers to join him on

a trek through the rugged Himalayan mountains, a whitewater rafting expedition down the Colorado River, and a sailing voyage across the Atlantic Ocean.

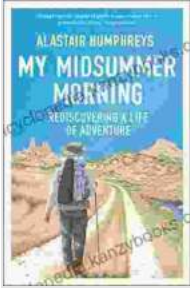
Along the way, Marshall grapples with the challenges and rewards of pushing himself beyond his limits, the importance of embracing vulnerability, and the power of human connection. *My Midsummer Morning* is an unforgettable story of resilience, determination, and the transformative power of adventure.

Reviews:

- "My Midsummer Morning is a moving and inspiring story that will resonate with anyone who has ever dreamed of pushing themselves beyond their limits. Sebastian Marshall's writing is both beautiful and evocative, and his journey is one that will stay with me long after I finish reading." - **Kirkus Reviews**
- "An extraordinary memoir that celebrates the indomitable spirit of adventure. *My Midsummer Morning* is a must-read for anyone who loves the outdoors, travel, or simply the challenge of living life to the fullest." - **National Geographic Adventure**
- "A powerful and unforgettable story of resilience, determination, and the transformative power of adventure. *My Midsummer Morning* is a must-read for anyone who has ever dreamed of living a life of adventure." - **Outside Magazine**

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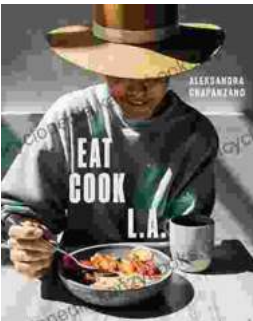


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