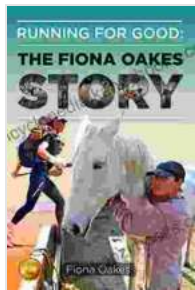


Running For Good: Delving into the Inspirational Story of Fiona Oakes and Her Unconventional Journey

Embark on an inspiring journey with Fiona Oakes, an extraordinary woman who has dedicated her life to running for a cause greater than herself. Her remarkable story, captured in the captivating book "**Running For Good: The Fiona Oakes Story**", is a testament to the transformative power of perseverance, compassion, and the unwavering belief in making a difference.



Running for Good: The Fiona Oakes Story by Fiona Oakes

★★★★☆ 4.7 out of 5

Language : English
File size : 3305 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 212 pages
Lending : Enabled





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My life is very regimented, it's hard to fit running in around caring for the animals. I have to get up at 3.30 a.m and I work through till probably nine or 10 o'clock at night.

A Love for Animals, a Drive for Change

Fiona's passion for animals ignited at a young age. Growing up on a dairy farm, she witnessed firsthand the suffering endured by animals raised for food. This experience sparked a deep compassion within her, leading her on a lifelong mission to advocate for their well-being.

In 2006, Fiona stumbled upon a distressing sight: a pack of abandoned hounds. Their frail and neglected state moved her profoundly, and she decided to take them home. Little did she know that this act of kindness would set her on an extraordinary path.

Running as a Platform for Advocacy

To amplify her voice for animal rights, Fiona devised an ingenious plan: she would run marathons with her rescued hounds by her side. Through this unconventional approach, she hoped to raise awareness about animal cruelty and inspire others to make ethical choices.

Fiona's first marathon was a grueling experience. Despite the physical challenges, she was determined to complete the race for the cause she believed in. As she crossed the finish line, she felt an overwhelming sense of accomplishment and the realization that she could use her passion for running to make a meaningful impact.

A Global Movement for Animal Welfare

Word of Fiona's unique advocacy spread rapidly, garnering support from animal lovers and runners worldwide. Her story was featured in countless media outlets, inspiring countless people to adopt a plant-based diet, support animal welfare organizations, and embrace a more compassionate lifestyle.

Fiona's unwavering commitment and dedication have resulted in tangible changes for animals. She has played a pivotal role in raising awareness about the plight of greyhounds, leading to a ban on greyhound racing in several countries. Her advocacy has also contributed to increased funding for animal sanctuaries and the establishment of stricter laws to protect animals from abuse and neglect.

Beyond the Marathon: A Life of Service

Fiona's story is not merely about running marathons; it's about a life dedicated to making a positive difference for animals. In addition to her running endeavors, she has established the Tower Hill Stables Animal Sanctuary, providing a safe haven for over 100 rescued animals, including dogs, horses, sheep, and pigs.

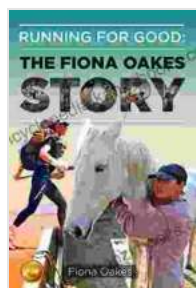
Fiona's unwavering spirit and dedication have earned her numerous accolades and recognition. She has been honored with the PETA Proggy Award for Outstanding Activism, the Animal Hero Award from Animal Equality, and the Inspirational Woman of the Year Award from the National Animal Welfare Trust.

Inspiration for Runners and Animal Advocates

"Running For Good: The Fiona Oakes Story" is not just a captivating biography; it's a powerful testament to the transformative power of one person's passion and unwavering commitment. Fiona Oakes serves as an inspiration to runners who seek to use their passion for a greater cause and animal advocates who strive to make a difference in the lives of animals.

Her story challenges the notion that one person cannot make a difference. It demonstrates that through determination, creativity, and a deep-seated belief in one's mission, anything is possible.

For those seeking inspiration, guidance, or simply a heartwarming story of resilience and compassion, "Running For Good: The Fiona Oakes Story" is a must-read. It's a book that will ignite your passion, remind you of the importance of empathy and compassion, and leave you feeling empowered to make a positive impact on the world.



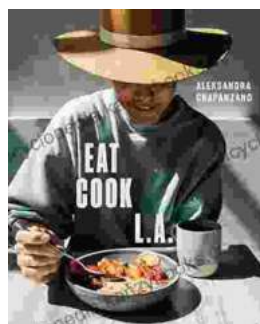
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