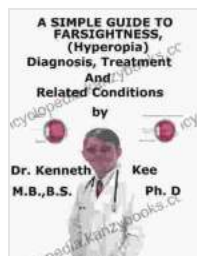


# Simple Guide to Farsightedness: Diagnosis, Treatment, and Related Conditions



## A Simple Guide To Far-Sightedness, Diagnosis, Treatment And Related Conditions by Aimee E. Raupp

★★★★☆ 4.6 out of 5

Language	: English
File size	: 638 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 71 pages
Lending	: Enabled



## What is Farsightedness?

Farsightedness, also known as hyperopia, is a common vision condition that affects people of all ages. It occurs when the eyeball is shorter than average, or the cornea (the clear front covering of the eye) is too flat. This causes light entering the eye from all directions to focus behind the retina, instead of on the retina. As a result, people with farsightedness have difficulty seeing objects that are close to them.

Farsightedness is often diagnosed during a routine eye exam. Your eye doctor will ask you about your vision and perform a series of tests to measure your visual acuity and refraction. Refraction is a test that measures how light bends as it passes through your eye. The results of

these tests will help your doctor determine if you are farsighted and prescribe the appropriate treatment.

## **Symptoms of Farsightedness**

The most common symptom of farsightedness is difficulty seeing objects that are close to you. You may also experience:

- Eyestrain
- Headaches
- Blurred vision
- Double vision
- Difficulty reading
- Difficulty seeing in dim light

## **Causes of Farsightedness**

Farsightedness is usually caused by one of two factors:

- An eyeball that is shorter than average
- A cornea that is too flat

Farsightedness can also be caused by certain eye conditions, such as:

- Astigmatism
- Cataracts
- Glaucoma

- Macular degeneration

## Treatment for Farsightedness

There are a number of different treatments for farsightedness, including:

- **Glasses:** Glasses are the most common treatment for farsightedness. They help to focus light on the retina, which improves vision.
- **Contact lenses:** Contact lenses are another option for correcting farsightedness. They are worn directly on the eye and move with the eye, which provides a wider field of vision than glasses.
- **LASIK surgery:** LASIK surgery is a laser eye surgery that is used to correct farsightedness. It works by reshaping the cornea to improve vision.

The best treatment for farsightedness will depend on your individual needs and preferences. Your eye doctor will discuss the different options with you and help you choose the best treatment for you.

## Related Conditions

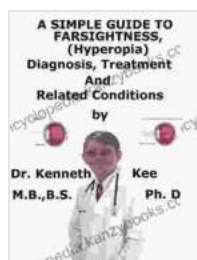
Farsightedness is often associated with other eye conditions, such as:

- **Astigmatism:** Astigmatism is a condition in which the cornea is not perfectly round. This causes light to focus in two different directions, which can lead to blurred vision.
- **Cataracts:** Cataracts are a clouding of the lens of the eye. This can cause blurred vision, glare, and difficulty seeing in dim light.

- **Glaucoma:** Glaucoma is a condition in which the pressure inside the eye increases. This can damage the optic nerve and lead to blindness.
- **Macular degeneration:** Macular degeneration is a condition that affects the macula, the central part of the retina. This can cause blurred vision, difficulty reading, and difficulty seeing in dim light.

If you have farsightedness, it is important to have regular eye exams to check for these and other eye conditions. Early diagnosis and treatment can help to prevent serious vision problems.

Farsightedness is a common vision condition that can be corrected with glasses, contact lenses



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