

# The Story In Verse On Children Emotions Explained In Colors For Kids Ages 2-5



**Color Me Happy, Color Me Sad: The Story in Verse on Children's Emotions Explained in Colors for Kids Ages 3 to 7 Years Old. Teaches Kids to Recognize and Regulate Feelings (Cozy Reading Nook)** by Agnes Green

★★★★☆ 4.6 out of 5

Language : English

File size : 1985 KB

Print length : 15 pages

Lending : Enabled

Screen Reader: Supported



The Story In Verse On Children Emotions Explained In Colors For Kids Ages 2-5 is a beautifully illustrated book that helps children understand and identify their emotions. The book uses simple language and colorful illustrations to explain the different emotions that children experience, such as happiness, sadness, anger, and fear. The book also provides tips on how to cope with difficult emotions and how to express emotions in a healthy way.

The book is divided into four chapters, each of which focuses on a different emotion. The first chapter, "Happiness," explains what happiness feels like and how to express it in a healthy way. The second chapter, "Sadness," explains what sadness feels like and how to cope with it. The third chapter, "Anger," explains what anger feels like and how to manage it in a healthy

way. The fourth chapter, "Fear," explains what fear feels like and how to overcome it.

The Story In Verse On Children Emotions Explained In Colors For Kids Ages 2-5 is a valuable resource for parents and educators who want to help children understand and identify their emotions. The book is written in a clear and concise way that is easy for children to understand. The illustrations are colorful and engaging, and they help to bring the concepts to life. The book also includes helpful tips on how to talk to children about emotions and how to help them cope with difficult emotions.

### **Benefits of the book**

- Helps children understand and identify their emotions
- Provides tips on how to cope with difficult emotions
- Promotes emotional intelligence
- Helps children express emotions in a healthy way
- Is a valuable resource for parents and educators

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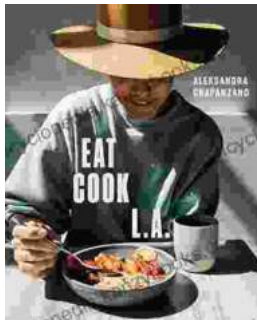
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